#### WELCOME TO CEREBRAL PALSY THERAPY ON WHEELS!

At CP Therapy on wheels, our goal is to reduce the barriers to accessing therapies such as occupational, speech, and physical, by providing regular mobile community outreaches in Ghana.

High healthcare costs and fractured services are among the top reasons why children with Cerebral Palsy (CP) have limited access to existing rehabilitation therapies. We provide a one-stop shop, and free-of-charge therapy and training clinic for families of children with cerebral palsy and other developmental disabilities.

This once-a-week training clinic provides physiotherapy, occupational therapy, and speech therapy, within the same clinic visit. Caregivers also receive training on therapy techniques they can perform at home.

This brochure will provide you with insights into our mission, programs, and how you can get involved. Together, we can make a difference!

# OUR MISSION

Our mission is to support children with developmental disabilities to thrive by increasing access to rehabilitation therapy services and empowering caregivers





#### OUR PROGRAMS

#### Therapy Services

We offer free premium therapy services (physiotherapy, occupational therapy and speech therapy). We work with highly qualified therapists who have extensive professional experience. From the quality of our facilities to the experience of our therapists, we take great pride in delivering the best service possible to ensure that each child reaches their full potential.

# OUTREACH PROGRAMS

We also organize regular outreach programs for families of children with cerebral palsy and other developmental disabilities. Our programs are designed not only to help and encourage them but also to create public awareness. Some of our programs include donations to the families, organizing medical outreaches and antistigma campaigns.



# Family Training and Support



We believe that caregivers play an important role in their children's treatment hence we focus on empowering them with the needed knowledge and skill iso they can provide the required quality of care. We do this by:

1. Building their capability to enhance their caregiving role. We teach them basic therapy skills to practise outside therapy sessions. By practicing exercises and activities with their children at home, they can help their children achieve their developmental milestones faster and improve their overall progress.

2. Providing them with the resources necessary to empower and enable them to participate fully in their children's treatment plans. We work together with them to tailor treatment plans to the specific needs of their children.

3. Supporting their social-emotional needs by providing them with services such as counselling.





#### **Testimonials**

Here are some testimonials from the beneficiaries of the clinic."

" I started attending the rehabilitation clinic three months ago. Before starting the clinic, my daughter could not roll over but now she can. Also, she could not feed properly. The therapists at the centre have taught me how to properly feed her. We are so grateful for all your support. I can see a change in my child. "

" The first day I came, everyone was very nice to me. I was guided on how to do the therapies at home. I have seen an improvement in my child and I'm really happy. "

"I like the way they treat my child with patience."

" I used to worry a lot about how to pay for physiotherapy because I couldn't afford it but the free physiotherapy sessions have put my mind to rest. "

#### **How You Can Help**

Your support can make a significant impact on the lives of these families. Here's how you can get involved with CP Therapy on wheels.

#### Donate

Individual donations are an important source of funding for therapy services, equipment, food, and transportation at our clinic. Here's how your gift can make a difference:

## **1**. Sponsor therapy sessions and make recurring donations:

GHC400.00 provides physical, occupational, speech therapy services for a child once a week.2. Provide essential support and supplies:

**GHC1,200.00** to support quarterly budget to buy equipment (e.g., gymballs, balancing equipments, sensory brush, mats).

- **GHC500.00** pays for the clinic's rent per therapy session.
- GHC 480.00 provides weekly lunch for 10 children and their caregivers at the clinic
- **GHC100.00** provides weekly transportation for a child and their caregiver to the clinic

#### Volunteer

Join our passionate team of volunteers and make a difference firsthand. Whether you have expertise in healthcare, education, or community development, your skills and time can create a positive change in the lives of these children. You can also volunteer your space

#### **Corporate Partnerships**

We believe in the power of collaboration. If your organization shares our values , we invite you to explore partnership opportunities with us. Together, we can create a ' meaningful impact.

### **Contact Us:**

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Join us in our pursuit of a brighter future for all!





# **CEREBRAL PALSY** THERAPY ON WHEELS



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